

**MOUNTAIN WOMEN  
MINUTES OF JANUARY 8, 2016**

There are no December, 2015 minutes because the meeting was the annual holiday luncheon.

The January business meeting was preceded by an informative talk given by Kristin Wenger, M.T., Education Coordinator, Blue Ridge Poison Center, who was introduced by Jo Ann Armstrong. Ms. Wenger plans and implements poisoning prevention and poison center awareness educational programs for people of all ages. To illustrate the serious problem of poisoning, she pointed out that two million people are injured by poison each year, which is about one call every eight seconds nationwide to poison control centers. She discussed obvious and not-so-obvious sources of poisoning and steps that can be taken to reduce and prevent them. In case of poisoning, the Blue Ridge Poison Center offers free advice at 1-800-222-1222. Pets can sometimes suffer poisoning too. For help for your pets go online or contact the Center which will put you in touch with an animal poison control center. Unlike help for humans, pet poison control charges a fee.

Following the talk, the business meeting was called to order by President Joyce Tate. Joyce began by thanking outgoing president Mary Ellen Condon-Rall who received a round of applause for her leadership. She reminded everyone that dues are \$3.00 per meeting or \$30 per year which can be paid in advance.

Joyce then thanked the host neighborhood of Black Rock. Attendance by neighborhood was as follows: Black Rock, 9; Devils Knob, 2; Laurel Springs, 4; and The Springs, 5.

Mountain Women welcomed three new members: Tina Kuklenski-Miller, Peggy McFarland, and Mary Ellen Thompson, who all told a little about themselves.

December birthdays were as follows: December 5, Sylvia Theriault; December 9, Kathryn Porter; December 11, Mary Ellen Condon-Rall; December 12, Kieko Marsh; December 13, Beth Caister; December 14, Lois Vitt; December 16, Tamra Bramwell; December 18, Joyce Miller; December 20, Jane Dalldorf; December 21, Betty Kane; December 22, Gloria Daly; December 27, Julia Manherz; and December 28, Sylvia Stafford.

January birthdays are as follows: January 2, Anne Marie Goss; December 5, Mary Ann Batchelor; January 9, Marjorie Church Borvine; January 15, Joyce Smith; January 20, Kathy Ely; January 22, Helen Eisenhart; January 23, Margaret Prinstein; January 29, Barbara Porter; and January 31, Wendy Valentine.

Joyce read the following proposed list of officers for 2016: President, Joyce Tate; Vice President, Barbara Porter; Treasurer, Terri Brooks; Recording Secretary, Mary Carlson; Communicating Secretary, Jo Ann Armstrong; Black Rock Neighborhood Chair, Marti Szczur; Devils Knob Neighborhood Chair, Bev Holloway; Laurel Springs Neighborhood Chair, Joyce Claman; and The Springs Neighborhood Chair, Hilary Partridge. These officers were approved by the members.

Treasurer Terri Brooks gave the Treasurer's Report reporting a balance as of November 1, 2015 of \$433.15. Dues received in November were \$117.05 and in December \$60. Rent for the

Dunlop Room was \$65. The subsidy for the holiday luncheon was only \$16.74 because the Devils Grill surprised us by charging only \$28 per person for the meal, \$2 less per person than last year. With tax and tip the total for each person was \$35.64. To keep the price at \$35 per person, Mountain Women paid \$.64 per person. The balance as of December 31, 2015 was \$528.46 for a gain of \$164.60 from the beginning of 2015. The gain resulted from income of \$990 from member contributions and total expenses of \$826.

Jo Ann Armstrong said that a sheet for program suggestions is on the back table. She also asked that members update their contact information by contacting her.

Reports;

Gardeners will hold an organizational meeting in March.

Epicurious is an interest group about food. Contact Cindy Coy for more information.

Handwork meets the fourth Friday of most months. Contact Donna Foege for more information.

The Wintergreen Nature Foundation: Terri Brooks, the new Nature Foundation President, said a schedule of events is available at the front desk.

Wintergreen Sporting Club: Camille Kurtz said interest areas include fishing, archery, canoeing/kayaking, and target shooting. More information can be found on their website.

First Tuesday meets the first Tuesday of every month for dinner at the Copper Mine beginning at 6:00. Everyone is welcome.

The Atlantic Coast Pipeline: Marti Szczur gave a brief update on current developments.

The 2016 Hosting Schedule is as follows:

Black Rock: January 2016, May, September

Devils Knob: February, June, October

Laurel Springs: March, July, November

The Springs: April, August, January, 2017

There is no December host neighborhood because of the holiday luncheon.

For Mountain Women,  
Mary Carlson  
Recording Secretary

**MOUNTAIN WOMEN  
MINUTES OF FEBRUARY 12, 2016**

The meeting was called to order by President Joyce Tate. She thanked the Devils Knob neighborhood for providing the refreshments and arranging the program. Attendance by neighborhood was as follows: Black Rock, 5; Devils Knob, 3; Laurel Springs, 1; and The Springs, 5.

The minutes of January 8, 2016 were approved.

February birthdays are as follows: February 7, Lois Conrad; February 8, Ginny Morton; February 9, Kathy Knowles; February 12, Sharon Showalter; February 14, Andrea Eggleston; February 15, Wilma Gormley; February 16, Mari Olga Kelley and Tina Kuklenski-Miller; February 17, Nanci Taylor; February 18, Susan Thomas; February 21, Carolyn Wood; February 25, Michelle Clark; February 27, Susan Montgomery.

Treasurer Terri Brooks reported a balance as of January 1, 2016 of \$528.46. Dues received at the January meeting totaled \$156.00. January rent for the Dunlop Room was \$65.00. The balance as of February 11, 2016 was \$619.46 for a gain of \$91.00 since the beginning of 2016.

**Reports**

Epicurious: Epicurious hosted an Italian dinner on February 11 at the home of Nancy and Dave Schwiesow for members and guests.

The Wintergreen Nature Foundation: Terri Brooks reported that the Nature Foundation will host a lecture on maple sugar on March 5 and then a pancake breakfast with maple syrup on March 12.

Wintergreen Sporting Club: Camille Kurtz said that the club website was being redesigned. Soon 500 trout will be released in a valley pond. Property owners, who obtain a special permit, and their accompanied guests may catch and keep one trout a day per person taken on a single barbless hook. All other fish taken that day must be released. Permits will be issued at the WPOA office. Check there to see when they will be available.

Wintergreen Performing Arts: Mary Ellen Condon-Rall asked members to please consider volunteering to provide weekend meals for the July music festival academy students. A meal coordinator is also needed.

First Tuesday: Everyone is welcome to have dinner at the Copper Mine at 6:00 on the first Tuesday of each month.

The hosting schedule for 2016 is as follows:

Black Rock: January, 2016; May, September

Devils Knob: February, June, October

Laurel Springs: March, July, November

The Springs: April, August, January, 2017

There is no host for December.

Following the business meeting, Josh Palumbo and Kathie Driscoll of the Nature Foundation staff provided an update on current activities. Among other topics, Josh described ongoing research on the spotted skunk population as well as the Global Malaise Study to identify terrestrial arthropod insect communities around the globe. A malaise is a kind of tent trap to capture insects which bears sometimes destroy. He also explained that a bite from the Lone Star tick found in the area can sometimes result in an allergic reaction to the sugar a-gal. Those who are bitten and develop the allergy can no longer eat red meat. This allergy which affects among others, some mountain and valley residents, sometimes clears up over time. Kathie described programs for children both at the Nature Foundation and in the Nelson County school system. Anyone who would like to volunteer to assist with these programs should contact Kathie Driscoll at [youth@twnf.org](mailto:youth@twnf.org) or 413-325-7473. They both answered questions from those present.

The meeting was adjourned.

For Mountain Women,  
Mary Carlson  
Recording Secretary

**MOUNTAIN WOMEN  
MINUTES OF MARCH 11, 2016**

The business meeting was preceded by a program about the re-opening of the Wayne Theatre in Waynesboro, VA presented by Clair Myers, who was introduced by Laurel Springs Neighborhood Chair Joyce Claman. Myers, who has long worked on the 16-year restoration of the 1926 theater located in a historic district in downtown Waynesboro, said the cost was approximately 12 million dollars. With a seating capacity of about 400, the theater will now anchor one end of the city. Very well equipped for a variety of entertainment, theater space can be rented. Volunteers will be important to its success, and anyone who would like more information on volunteering can find it at their website [waynetheatre.org](http://waynetheatre.org). Myers left rack cards showing the upcoming shows through June 26, 2016.

After the program, the business meeting was called to order by President Joyce Tate. The minutes of February 12, 2016 were approved. Joyce thanked the host neighborhood of Laurel Springs. Attendance by neighborhood was as follows:

Black Rock: 5  
Laurel Springs: 5

Devils Knob: 2  
The Springs: 5

March birthdays, read by Joyce, are as follows: March 5, Yvonne Behm and Peggy McFarland; March 7, Louise Cesaro; March 8, Jeanine Bennett and Georgia Orphan; March 9, Betsy Agelasto; March 11, Nancy Schwiesow; March 13, Barbara Rios; March 14, Vera Jones; March 19, Patti Brady; March 20, Betsy Brown; March 23, Joyce Claman and Bobbi Thomas; March 24, Janet Helgert; and Nancy Spangler.

Treasurer Terri Brooks reported a balance as of February 1, 2016 of \$619.46. Dues received at the February meeting totaled \$120 and February rent of the Dunlop Room was \$65. The balance as of March 10, 2016 was \$674.45 for a gain of \$151 since the beginning of the year.

#### Reports

Epicurious: Epicurious will host a cooking lesson followed by lunch at Pharsalia on April 7 for group members.

The Wintergreen Nature Foundation: Terri Brooks said a pancake breakfast with maple syrup will be held March 12 from 9-11 at the Nature Foundation.

Wintergreen Performing Arts: Mary Ellen Condon-Rall explained there is a need for additional families to host musicians during the summer music festival and encouraged members to volunteer.

Mountain Homesteaders Association. MHA will host an evening social, called Cider and Sliders, for its members on March 18 at the Nature Foundation.

First Tuesday: Everyone is welcome to come for dinner at The Edge at 6:00 PM on the first Tuesday of each month. The group is temporarily meeting at The Edge until the Copper Mine resumes extended hours.

Program Suggestions: Jo Ann Armstrong reminded everyone that there is a sheet at the table in the back for future program suggestions.

Friends of Wintergreen: FOW is continuing to work to improve the proposed route of the Atlantic Coast Pipeline.

For Mountain Women,  
Mary Carlson

## **MOUNTAIN WOMEN MINUTES OF APRIL 8, 2016**

The meeting was called to order by President Joyce Tate. The minutes of March 11, 2016 were approved. Joyce thanked the host neighborhood of The Springs. Attendance by neighborhood was as follows:

Black Rock: 4  
Devils Knob: 4

Laurel Springs: 1  
The Springs: 6

April birthdays read by Helen Eisenhart were as follows: April 1, Sandi Nettina; April 2, Janie Kirkeby; April 5, Ellen Hampton and JoAnn Zucher; April 6, Phyllis Coulter; April 7, Susie Patton and Pat Thompson; April 8, Jo Ann Armstrong; April 11, Lois Armel and Dawn Perusse; April 15, Jill Toop; April 16, Bev Bates and Barbara-Lyn Belcher; April 19, Lisa Garber; April 27, Maria Spence and Marcia Yanick; and April 28, Eva Blum.

Treasurer Terri Brooks reported a balance of March 10, 2016 of \$674.46. Dues received at the March meeting were \$38.95 and rent for the Dunlop Room was \$75. Other March expenses were \$20 to cover the \$10 per month increase in rent for the Dunlop Room which took effect in January, 2016 and \$6.28 to purchase coffee cups. The balance as of April 7, 2016 was \$612.13 for a gain of \$83.67 since the beginning of the year.

### Reports

Gardeners: Sue Carlson said that Jean Bertelsen will give a talk on plants that are successful in mountain gardens at the Nature Foundation on April 15 at 10:00. Bev Holloway added that that programs for 2016 have been decided and will be announced through email before each event.

Epicurious: Cindy Coy reported that the April 7 meeting planned by Lynnda Gilliam, Yvonne Behm and Vera Jones and held at Pharsalia was a tutorial on Variations of Pimento Cheese presented by Moriah and Sarah of The Hungry Fox followed by a soup and salad luncheon with Pimento Spoon Bread and Coconut Custard Pie. All participants went home with visions of pimento in their heads as well as recipes and a sample. It was an excellent event! Don't miss the June 16 meeting hosted by Beverly Holloway and chaired by Michelle Clark. It will be a Surprise Ingredient Cooking Competition. Details in the near future. August 11 will be a guest event at Chestnut Springs Pavilion chaired by Sue Tiller entitled "Eating a Rainbow." October 13 is an Indian Luncheon hosted by Hilary Partridge featuring a naan tutorial. Barbara Porter is event chair December 8 is the annual planning meeting hosted by Pat Harvey. To receive the Epicurious emails, please send your email address to [Misscindycoy@msn.com](mailto:Misscindycoy@msn.com)

Wintergreen Performing Arts: Mary Carlson said that there is still a need for host families and asked members to consider hosting a musician during the July music festival. Host families are needed for the entire festival as well as shorter stays of a week or a few days, and it is not necessary to provide guest musicians with meals unless the host would like to. Contact the WPA office to learn more and apply. Michelle Clark said the a new executive director has been hired and the festival brochure will soon be available.

Atlantic Coast Pipeline: Marti Szczur briefly described ongoing efforts to find a better route.

Wintergreen Sporting Club: Camille Kurtz told members that on April 15 there will be an afternoon work session followed by a pizza party for everyone who can come to help clear a path for the field archery course near the Rockfish Valley Foundation. She also said that all WPOA members, who obtain a special permit from the WPOA office, can fish for one trout per person per day, at a recently stocked valley pond. More information on both these activities can be found on the sporting club website [WTGsportingclub.org](http://WTGsportingclub.org).

The Wintergreen Nature Foundation: The annual Wildflower Symposium will be held May 13-15.

First Tuesday: Everyone is welcome to come for dinner at 6:00 PM on the first Tuesday of each month. The group has been temporarily meeting at The Edge until the Copper Mine resumes extended hours, so please check the location when you arrive.

Yoga: Mixed-level Hatha yoga classes are being taught by MW member Marcia Yanick at 10:00 a.m. Saturdays at the Wintergarden. Classes are appropriate for students of all levels, including those who are new to yoga. Cost is \$10 for WPI members and \$15 for non-members and resort guests. Non-members must be accompanied by a member or have a guest of member pass. As Marcia is a member, please contact her at [mkyanick@gmail.com](mailto:mkyanick@gmail.com) if you would like to attend. All are welcome!

#### Mountain Women Hosting Schedule

Blackrock: January, May, September

Devils Knob: February, June, October

Laurel Springs: March, July, November

The Springs: April, August, January, 2017

Following the business meeting, Peggy Whitehead of the Blue Ridge Medical Center in Arrington described the history and some of the many services provided to people in Nelson and Amherst Counties and other places within a 100 mile radius of the center. Started in July, 1985 the center grew steadily to serve over 10,000 patients annually. They moved in December, 2011 to a new state-of-the-art medical building with a retail space for a pharmacy and space for the expansion of other services including dentistry, physical therapy, counseling, and the Rural Health Outreach Program. Last year Mountain Women made a donation to their Reach Out and Read children's literacy program, in which an age-appropriate book is given to young children seen in the pediatrics department. Whitehead said that volunteers are always needed, especially to serve on the board and coordinate volunteer service. Please contact her at [pwhitehead@brmedical.com](mailto:pwhitehead@brmedical.com) or 434-263-6322 if you are interested.

For Mountain Women,  
Mary Carlson  
Recording Secretary

**MOUNTAIN WOMEN  
MINUTES OF MAY 13, 2016**

The meeting was called to order by President Joyce Tate. The minutes of April 8, 2016 were approved. Joyce thanked the host neighborhood of Black Rock. Attendance by neighborhood was as follows:

Black Rock: 4  
Devils Knob: 2  
Laurel Springs: 0  
The Springs: 8

Mountain Women welcomed new member Roseann Foley, who told us a little about herself.

May birthdays are as follows: May 1, Sally Boykin; May 4, Karen Ondayko and Tam Smith; May 5, Claudia Chaten; May 6, Gloria Barrett; May 13, Ann Greenberg; May 15, Margaret Adams; May 18, Nancy Sundin; May 26, Lee Klousia; May 27, Michele Riedel; May 30, Donna Foege, Mary Klein, and Mimi Scott. Although birthdays were not available at the time of the meeting, Helen Eisenhart kindly sent them in.

The Treasurer's report was read by Joyce for Treasurer Terri Brooks who could not attend. The balance as of April 7, 2016 was \$612.13. Dues received during the April meeting totaled \$40. The only expense in April was \$75 rent for the Dunlop Room at the Nature Foundation. The balance as of May 12, 2016 was \$577.13 for a gain since the beginning of the year of \$48.67.

Mountain Women wishes to thank Wintergreen General Manager Hank Thiess and Page Bowman for the use of the Rockfish Room for our May meeting when the Nature Foundation was not available and it was too cold and wet to meet at Chestnut Springs.

#### Reports

Gardeners: Bev Holloway said that the tour of James Madison University arboretum planned for May 20 may be need to be postponed because not enough members have signed-up.

Epicurious: On June 16 Epicurious will host a lunch of dishes prepared by teams using surprise ingredients they will receive that morning and must use. Contact Cindy Coy for more details.

Winter Performing Arts: Jo Ann Armstrong asked members to consider helping with weekend meals for Academy students during the festival and passed around a sign-up sheet. Mary Carlson told members that tickets have just gone on sale and are available either online or at the WPA office. She added that she had festival program brochures for those who would like one. Michelle Clark asked anyone interested in taking tickets for concerts to contact her. Ticket takers can attend the concert they work at free of charge. Hilary Partridge said that this year the opening night buffet has been combined with the fund-raising gala into one event which will be held opening night. Tickets for this event are now on sale.

Mountain Homesteaders Association: Sue Solomon said the MHA is continuing to support Tye River Elementary School students with school supplies and warm winter clothing. Anyone wishing to make a donation should contact her. Shopping will be done in July.

Friend of Wintergreen: Nancy Schwiesow reported that a 60-plus page submission is about to be filed with FERC proposing four alternate routes, all of which avoid Wintergreen and eliminate significant environmental, safety, and economic damage to the Wintergreen area. She also said an informational meeting will be held in the Commonwealth Ballroom of the Mountain Inn, Monday, May 30 from 10:00-12:00. Please sign-up to attend. Visit the Friends of Wintergreen website for more information on the submission and meeting.

Roseland Post Office: Nancy Schwiesow said that the Roseland Post Office will be closing because the owner of the building the post office has rented is not renewing their lease. However, our addresses will not change.

First Tuesday: Everyone is welcome to meet for dinner at the Copper Mine Restaurant at 6:00 on the first Tuesday of each month.

Hosting Schedule:

Black Rock: January, May, September

Devils Knob: February, June, October

Laurel Springs: March, July, November

The Springs: April, August, January, 2017

The business meeting was adjourned.

Following the business meeting, Nancy Schwiesow said this month's speakers were from the Waynesboro Area Refuge Ministry (WARM), whose mission is to help the homeless of Waynesboro and the surrounding area by providing housing at the WARM house for women and children for up to six months. During that time women are helped to find a job so they can then move into long-term affordable housing. She then introduced Debra Burns, the Executive Director, and Sheila Andrews, the Project Manager. Together they explained that the need for WARM became apparent as previously available temporary housing closed and traditional systems of family support changed. With a seven-family capacity at WARM house, last year they served approximately 125 adults, ten percent of whom were veterans. They went on to describe client needs and the difficulties they face trying to move to more permanent housing. Volunteers are always needed and they added that Millie Steele had served on the WARM board. Anyone interested can contact them at 540-324-8166 or [info@warmwaynesboro.org](mailto:info@warmwaynesboro.org).

For Mountain Women,

Mary Carlson

Recording Secretary

**MOUNTAIN WOMEN  
MINUTES OF JUNE 10, 2016**

The business meeting was called to order by President Joyce Tate. The minutes of May 13, 2016 were approved. Joyce thanked the host neighborhood of Devils Knob, whose neighborhood chair is Beverly Holloway. Attendance by neighborhood was as follows:

Black Rock: 5  
Devils Knob: 5  
Laurel Springs: 3  
The Springs: 5

Mountain Women welcomed new member Sallie Singletary, who told us a little about herself.

June birthdays are as follows: June 1, Judy Dewitt and Susan McIver; June 5, Joy Leman and Eloise Strand; June 9, Jan Jones; June 18, Christine White; June 20, Sue Carlson; June 23, Joanne White; June 25, Sandi Meyer; June 26, Becky Bostick; June 27, Arlene Stone; June 28, Lynn Luessen; June 29, Barbara Norton; June 30, Camille Kurtz.

Treasurer Terri Brooks then gave the Treasurer's Report. The balance as of May 12, 2016 was \$577.13. Dues received during the May meeting totaled \$23.00. There were no expenses in May. The balance as of June 9 was \$600.13 for a gain of \$71.67 since the beginning of the year.

The Steering Committee will meet June 28 at the home of Mary Carlson, 1142 Blue Ridge Drive, at 12:30. Those attending should bring their own lunch and dessert will be provided. Lunch will be followed by a discussion of business.

#### Reports

Gardeners: Beverly Holloway said that group members now share the responsibilities for the programs and Cindy Coy has planned a workshop on making note paper with dried flowers for June 17.

Epicurious: Cindy Coy said that the June cooking challenge with surprise ingredients has been cancelled.

Handwork: Vera Jones told members that for a variety of reasons these meetings have been postponed.

The Wintergreen Nature Foundations: Terri Brooks reported that For the Love of the Land: The History of Wintergreen is now out and available for purchase at Trillium House.

Wintergreen Performing Arts: Jo Ann Armstrong told members that the Wintergreen community traditionally provides weekend meals for Performing Arts Academy students during the July music festival. This year the valley will make dinner Friday night and the mountain on Saturday night. If you can help, please let her know. A sign-sheet was passed around.

Atlantic Coast Pipeline: Marti Szczur reported that approximately 600 people attended the

recent informational meeting in the Mountain Inn. While those working to develop a better route than what has been proposed by Dominion are “guardedly optimistic” there is much work left to be done. Donations to finance these efforts are always welcome.

Post Officers: Joyce reminded everyone to support our local post offices in Nellysford and Roseland. She added that our mountain post officer Marvin is retiring soon and anyone wishing to contribute to a retirement gift can leave their contribution at the table at the back of the room or send it to Maria Spence who has graciously agreed to be the collection point.

First Tuesday: Everyone is welcome to gather at the Copper Mine at 6:00 PM for dinner on the first Tuesday of each month.

The business meeting was adjourned.

Following the meeting, Marti Szczur updated members on the nearby Reflection Garden, and Cindy Coy described some of the history that led up to its creation. Some members then joined a spring clean-up work group at the garden.

For Mountain Women,  
Mary Carlson  
Recording Secretary

Hosting Schedule

Black Rock: January, 2016, May, September  
Devils Knob: February, June, October  
Laurel Springs: March, July, November  
The Springs: April, August, January, 2016

There is no host neighborhood for December.

**MOUNTAIN WOMEN STEERING COMMITTEE  
MINUTES OF JUNE 28, 2016**

The Steering Committee met at the home of Mary Carlson. The meeting was called to order by President Joyce Tate. Steering Committee members present were Jo Ann Armstrong, Terri Brooks, Mary Carlson, Joyce Claman, Bev Holloway, Hilary Partridge, Barbara Porter, Marti Szczur, and Joyce Tate.

Jo Ann Armstrong passed out a graph that she and Ellen Hampton prepared summarizing Mountain Women meeting attendance from 2013-2016, showing that attendance has declined some. She noted that of the 174 members, 71 have not come to a meeting in three years. Jo Ann will notify these women by email that they will be removed from the rolls if they do not contact her. The committee discussed ways to contact women who are new to the mountain to let them know about Mountain Women. Jo Ann and Marti Szczur volunteered to post updated information at the mailbox kiosk and make suggestions for further outreach.

The committee also discussed plans for the annual holiday luncheon. Barbara Porter volunteered to work on this event and to try to limit the cost of food to \$20.00.

Terri Brooks reminded the committee that in the past Mountain Women has made small donations to several mountain and local groups and members discussed whether to continue doing so. The Steering Committee decided that rather than make small charitable donations that funds should be used instead to buy a projector. Some speakers have declined to speak because no projector was available to use in their presentations. Having a projector will make a wider choice of speakers possible.

The meeting was adjourned.

For the Steering Committee,  
Mary Carlson  
Recording Secretary

**MOUNTAIN WOMEN  
MINUTES OF JULY 8, 2016**

The meeting was called to order by President Joyce Tate. She thanked the host neighborhood of Laurel Springs and neighborhood chair Joyce Claman for the refreshments. Attendance by neighborhood was as follows:

Black Rock: 7  
Devils Knob: 3  
Laurel Springs: 5  
The Springs: 7

The minutes of June 10, 2016 were approved.

The list of July birthdays was not available and will be included in the August minutes.

The Treasurer's Report was read by Joyce Tate for Terri Brooks who could not be present. The balance as of June 9 was \$600.13. Dues received during the June meeting totaled \$30.00. There were no expenses in June. The balance as of July 7, 2016 was \$630.13 for a gain of \$101.67 since the beginning of the year.

The Steering Committee met June 28, 2016 and discussed several topics including attendance trends and plans for the holiday luncheon.

#### Reports

Epicurious: Sue Solomon reported that Epicurious will host a guest event on August 11 and information will be sent out soon. She also said that the food challenge, which was postponed this spring, will likely be rescheduled for October.

The Wintergreen Nature Foundation: On Friday, August 12, the Nature Foundation will hold a fundraising dinner from 6:30-10:30 at Bold Rock Cidery to support their school program, hikes, and plant propagation project. Tickets for the gourmet dinner catered by Harvest Moon with an open bar throughout the evening cost \$100 per person.

Tye River Elementary School Outreach: Sue Solomon explained that the Mountain Homesteaders Association has for the past several years purchased warm winter clothing and school supplies for this Nelson County school. Donations, preferably in the form of cash or Walmart gift cards, would be greatly appreciated and can be given to her.

Atlantic Coast Pipeline: Marti Szczur reported that a "March on the Mansion" will take place on July 23 to protest the pipeline route. A bus will take marchers from Nellysford to Richmond and back for this day-long event.

Reflection Garden: Marti also said that vandals recently scattered memorial stones twice and turned over a bench. In addition, recent rains have damaged the paths. On Tuesday, July 12, at 9:00 AM, everyone is welcome to meet at the Reflection Garden to restore the area.

Bear Sightings: Joyce Tate told everyone that bear sightings have increased, making it

necessary for all of us to be more alert and cautious.

Genealogy: If you are interested in genealogy, contact Cynthia Todd, who has volunteered to help get you started.

Following the business meeting, Wintergreen Summer Music Festival Academy voice students performed for Mountain Women. The seven students were introduced by Arianna Zukerman, Chair of Vocal Studies for the Wintergreen Summer Music Academy. Arias included works by Puccini, Handel, Mozart, Massenet, Gluck, and Bizet. After their performances, students told a little about themselves and answered questions. It was a delightful program.

Hosting Schedule:

Black Rock: September

Devils Knob: October

Laurel Springs: November

The Springs: August, January, 2017

There is no December host due to the holiday luncheon.

For Mountain Women,  
Mary Carlson  
Recording Secretary

**MOUNTAIN WOMEN  
MINUTES OF AUGUST 12, 2016**

The meeting was called to order by President Joyce Tate. Joyce thanked The Springs neighborhood chair Hilary Partridge and The Springs neighborhood for hosting our meeting at the Devils Knob Overlook. Attendance by neighborhood was as follows:

Black Rock: 1  
Devils Knob: 2  
Laurel Springs 2  
The Springs: 6

The minutes of July 8, 2016 were approved. Because Treasurer Terri Brooks could not be present, Joyce read the Treasurer's Report, which began with a correction to the July report. Dues received in July were actually \$35.00 rather than \$30 as was stated. Therefore, the balance as of July 7, 2016 was \$635.13 for a gain since the beginning of the year of \$106.67. Dues received at the July meeting totaled \$50.00. An expense in July was \$12.62 for name labels. The balance as of August 11, 2016 was \$672.51 for a gain of \$144.05 since the beginning of the year.

July birthdays are as follows: July 7, Glenda Cox; July 13, Cindy Todd; July 15, Ellen English and Kathy Gunner; July 23, Lucy Rose; July 24, Sue Tiller; July 25, Jeanne White; July 26, Ginny Budd.

August birthdays are as follows: August 2, Cyndy Morris; August 5, Polly Williams; August 6, Cynthia Kelly; August 12, Dotty Rice; August 14, Pat Harvey; August 15, Anna Marie Mizell; August 16, Marti Szczur; August 17, Diann Woolridge; August 20, Cindy Cobb; August 21, Lynnda Gilliam and Kathy Tardy; August 29, Joanne Street; August 30 Jane Glover and Martha Misker; August 31, Dianne Foster and Millie Steele.

#### Reports

Gardeners: Gardeners will tour Blue Heron Farm on September 20 at 10:00 AM to view their prize-winning dahlias and see a demonstration of how to arrange these flowers. Please note this event is scheduled for a Tuesday. More information and directions will be sent out in September. In the meantime, if you have any questions, please contact Sue Carlson 434-325-9196 or [SCarlson703@verizon.net](mailto:SCarlson703@verizon.net).

Epicurious: Epicurious members met at the home of Cindy Coy on August 11 for a salad luncheon. In October the group will enjoy an Indian meal led by Hilary Partridge and Barbara Porter.

The Wintergreen Nature Foundation: Volunteers are needed to help on the golf course on Friday, September 9 for the Sara Ott Golf Tournament, sponsored by the Nature Foundation. People are needed to work at "holes" games, drive the beverage cart and participate in other outside activities. If you are able to help that day, please email Leslie Buchanan at [leslieb112@livel.com](mailto:leslieb112@livel.com).

The Wintergreen Sporting Club: Camille Kurtz reported work continues on the archery trail.

First Tuesday: Everyone is invited to gather at the Copper Mine at 6:00 for dinner on the first Tuesday of each month.

Reminder that the September Mountain Women meeting, September 9, will be held at Chestnut Springs Pavilion.

**MOUNTAIN WOMEN  
MINUTES OF OCTOBER 14, 2016**

The meeting was called to order by President Joyce Tate. A special presentation was made at the beginning of the meeting. Curtis Sheets, from the Wintergreen Rescue Squad, made an urgent plea for new volunteers. The Squad does not just recruit male volunteers. Many females currently serve in a variety of roles. Volunteers work in teams. So others are available for heavy lifting. Commitment includes 36 hours per month but volunteers usually are on-call at home. They are not required to remain at the station. Training is free. The volunteers may serve as drivers for the ambulances as well as manage set up for flu shots, help with festivals, help with social events, marketing and fund drives. More details may be found in the recent Homesteaders newsletter at <http://wintergreenmha.org/files/LINKOctober2016Final.pdf>. You may also contact Jim Foege at [Jcfoege@gmail.com](mailto:Jcfoege@gmail.com)

Then the regular meeting began with Joyce thanking the Devils Knob neighborhood chair Bev Holloway and the Devils Knob and Blackrock neighborhoods for hosting our meeting at Bev Holloway's home. Attendance by neighborhood was as follows:

Black Rock: 4  
Devils Knob: 5  
Laurel Springs 3  
The Springs: 6

The minutes of August 13, 2016 were approved. (No minutes for the September meeting were available since the September meeting was canceled to allow many Mountain Women members to volunteer for and attend the Sarah Ott Golf Tournament held on that same date.) The Treasurer Terri Brooks gave the Treasurer's Report. The balance as of August 11 was \$672.51. Dues received during the August meeting totaled \$27. There have been no expenses. The balance as of October 13 was \$699.51 for a gain since the beginning of this year of \$171.05.

October birthdays are as follows: October 7, Cindy Cox; October 16, Terri Brooks; October 18, Joyce Tate; October 19, Mike Williams; October 20, Patty Roupe; October 22, Shirley Brauning; October 29, Phyllis Workman; October 30, Glenna Martin; October 31, Shirley Huff.

Reports:

Gardeners: Gardeners toured Blue Heron Farm on September 20 at 10:00 AM viewing their prize-winning dahlias and a demonstration of how to arrange these flowers. Bev Holloway reported that the next meeting will be held at Nancy Schwiesow's home on November 18<sup>th</sup> at 10 AM for coffee, light treats, seed exchange and planning.

Epicurious: Joyce Claman reported that 8 Epicurious members met October 8 for an Indian meal led by Hilary Partridge and Barbara Porter. The next meeting will be Thursday, December 8 at Pat Harvey.

Wintergreen Nature Foundation: The annual meeting will be held Saturday, November 12 at 10:00 AM. The meeting will follow the WPOA meeting.

The Wintergreen Sporting Club: No report was provided.

WPA continues to offer cultural and culinary adventures during the fall and spring seasons. The following fun activities are available:

“A Night in Old Verona” on Saturday, November 19, 2016 at 6:00 PM

“Denim and Diamonds” on Saturday, February 18, 2017 at 6:00 PM

“Derby Day” on Saturday, May 6, 2017 at 4:00 PM

(For more details see Spirit of the Blue Ridge at [wintergreenperformingarts.org/](http://wintergreenperformingarts.org/))

First Tuesday: Everyone is invited to gather at the Copper Mine at 6:00 for dinner on the first Tuesday of each month.

Members were reminded to support your local post office.

Joyce Tate advised the group that The Springs needs a replacement neighborhood chair. Hilary Partridge is no longer able to serve. Contact Joyce if interested.

Reminder that the November Mountain Women meeting hosted by Laurel Springs Neighborhood Co-Chair, Joyce Claman on November 11, will be held at Wayne Theater in Waynesboro. Carpooling is being offered from the mailbox or from your home. Lunch information (Stella, Bella & Lucy) and other details in the monthly announcement provided later.

Special update was provided on Michelle Clark’s son. Adam has been able to return home. The family is looking for home health care. There is a special need for November 18. Please contact Michelle or Jim at [michelle\\_clark@verizon.net](mailto:michelle_clark@verizon.net)

The meeting was adjourned.

Following the business meeting, everyone enjoyed pumpkin carving for floral arrangements. A pumpkin soup lunch with many delicious side dishes were provided. See below for pictures of our meeting taken by Janet Varvel.



For Mountain Women,  
Jo Ann Armstrong  
Substitute Recording Secretary

Hosting Schedule  
Black Rock: September  
Devils Knob: October  
Laurel Springs: November  
The Springs: January, 2017